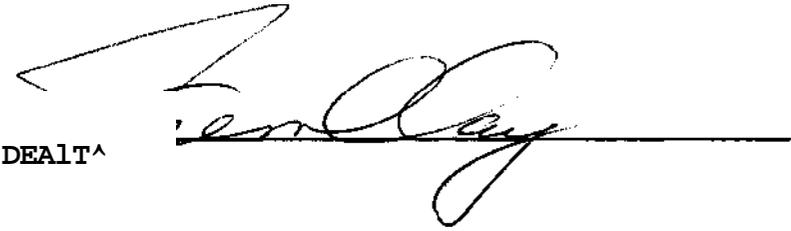


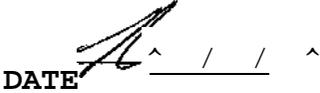
SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY  
SAULT STE. MARIE, ONTARIO

COURSE OUTLINE

COURSE TITLE: NURSING THEORY II  
CODE NO: RNA 203-6 SEMESTER: TWO  
PROGRAMME: NURSING ASSISTANT  
AUTHOR: DEBBIE SARGENT  
DATE: JANUARY, 1991 PREVIOUS OUTLINE DATED: NONE

APPROVED:

DEALT<sup>^</sup> 

DATE 

NURSING THEORY II

RNA 203-6

Course Name

Course Code

TOTAL CREDIT HOURS: 90

PREREQUISITE(S): RNA 103, RNA 104, BIO 104

**I. PHILOSOPHY/GOALS;**

This course is designed to build on the student's knowledge of the nursing process and its application. Common health problems encountered across the lifespan will be discussed related to long-term and short-term care settings. The role of the Nursing Assistant will be considered from two aspects: those tasks delegated by the Registered Nurse, and those nursing interventions which she performs independently.

**II. STUDENT PERFORMANCE OBJECTIVES:**

**Upon successful completion of this course the student will:**

1. have knowledge of medical/nursing terminology necessary to her role.
2. identify simple biopsychosocial problems using Roy's Adaptation Model.
3. have knowledge of stimuli which may hinder the individual's ability to maintain a level of wellness.
4. have knowledge of nursing interventions which reduce simple ineffective responses.
5. have knowledge of the classification of drugs related to common health problems.
6. have knowledge of basic preventative and rehabilitative measures which can be taught to patient and family for the maintenance and/or improvement of wellness.
7. have knowledge of selected community agencies and the services which they provide for the individual, family and community.
8. have knowledge of the principles of aseptic technique.

**TOPICS TO BE COVERED:**

<b>UNIT</b>	<b>TITLE</b>			
XIlla	Adaptation to Pregnancy			
XIIIb	Adaptation in Labour and Delivery			
XIIIc	Adaptation in the Post-Partum Period			
XHId	Adaptation of the Neonate			
XHIe	Alteration in Reproduction and Sexuality			
la	Introduction to the Person Adapting to Illness			
lb	Persons Adapting to Neoplasms			
Ic	Self Study Unit on Pain			
II	Alteration in Exercise			
III	Alterations in Rest and Sleep			
IV	Alterations in Carbohydrate Metabolism			
Va	Alteration in Elimination: Skin			
Vb	Alteration in Elimination: Bowel			
Vc	Alteration in Elimination: Bladder			
VI	Alteration in Fluid and Electrolyte Balance			
VII	Disturbances in Self Concept			
VIII	Alteration in Oxygen and Circulation			
IX	Impairment of Role Function			
X	Alteration in Senses			
XI	Alteration in Interdependence and Communication			
<b>WEEK</b>	<b>START DATE</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>
1	JAN. 7-9	XIIIc	xnid	XHId
2	JAN. 14-16	la	XHIe	XHIe
3	JAN. 21-23	la	II	II
4	JAN. 28-30	lb	II	TEST #1
5	FEB. 4-6	IV	II	II
6	FEB. 11-13	IV	II	III
7	FEB. 18-20	VI	VIII	VIII
8	<b>FEB. 25-27</b>	<b>B R E A K</b>		
9	MAR. 4-6	VI	VIII	TEST #2
10	MAR. 11-13	Va	VIII	VIII
11	MAR. 18-20	Va	VIII	VIII
12	MAR. 25-27	Vb	VIII	VIII

III. TOPICS TO BE COVERED CONTINUED . . .

WEEK	START DATE	MONDAY	TUESDAY	WEDNESDAY
13	APR. 1-3	Vb Vb Vb	X VII	VII
14	APR. 8-10	Vc Vc Vc	VII VII	TEST #3
15	APR. 15-17	Vc Vc Vc	IX IX	IX
16	APR. 22-24	Vc Vc Vc	XI XI	XI
17	APR. 29 0900-1130 hrs.	C O M P R E H E N S I V E E X A M		

**LEARNING ACTIVITIES****REQUIRED RESOURCES**

See Individual Unit Objectives

**EVALUATION METHODS: (INCLUDES ASSIGNMENTS, ATTENDANCE REQUIREMENTS, ETC.)**

TYPE OF TEACHING, LEARNING METHODS TO BE USED;

- reading from text, periodicals
- lectures
- group discussions/seminars
- guest speakers
- student presentations
- A.V. films, slides tapes/filmstrips, overheads, videotapes, role play, simulations

<u>TEST #</u>	<u>DATE</u>	<u>UNITS COVERED</u>	<u>PERCENT OF FINAL</u>
TEST #1	Jan. 30/91	1,13	20%
TEST #2	Mar. 6/91	2,3,4,6	20%
TEST #3	Apr. 10/91	5a,5b,7,8,10	25%
TEST #4	Apr. 29/91	All Semester 1 & 2	35%
			100%

**GRADING:**

A+	90% +
A	80% - 89%
B	70% - 79%
C	60% - 69%
I	59% & below

Competency level required in order to receive a passing grade: 60%. A passing grade must be obtained on the Comprehensive Exam and overall.

Attendance Rules Classes are mandatory, see "Policies" booklet on attendance.

Conduct Expectations: Students must be on time for all classes and prepared for classes. See Student Handbook re: Student Responsibilities.

Evaluation of delivery of this course will be during week 16.

**REQUIRED STUDENT RESOURCES:**

Baby's Best Chance, B.C. Government

Hamilton, P.M. Basic Maternity Nursing, 6th edition, C.V. Mosby Company, St. Louis, Mo., 1989

Hamilton, P.M. Basic Pediatric Nursing, 5th edition, C.V. Mosby Company, St. Louis, Mo., 1987

Kozier, B. and Erb, G. Fundamentals of Nursing - Concepts and Procedures, 3rd edition, Addison-Wesley Publishing Company, Menlo Park, California, 1987

Long, B. and Phipps, W. Medical-Surgical Nursing: A Nursing Process Approach, 2nd edition, C.V. Mosby Publishing Company, St. Louis, Mo., 1989

**OPTIONAL TEXTS:**

Matassarini-Jacobs, E., Saunders' Review of Practical Nursing for NCLEX-PN, W. B. Saunders Company, Philadelphia, 1988.

Yannes-Eyles, Mary, Mosby's Comprehensive Review of Practical Nursing, 9th ed., The C.V. Mosby Company, St. Louis, 1986.

**ADDITIONAL RESOURCE MATERIALS AVAILABLE IN THE COLLEGE LIBRARY BOOK SECTION;**

TEXTBOOK OF MEDICAL-SURGICAL NURSING, 5th edition, Brunner, Lippincott Co., Toronto, 1984

ESSENTIALS OF PEDIATRIC NURSING, 2nd edition, Whaley & Wong, Mosby, Toronto, 1985

ESSENTIALS OF MATERNITY NURSING, 2nd edition, Bobak, Jensen, Mosby, Toronto, 1987

APPLIED NURSING DIAGNOSIS, Gettrust, Ryan, Engelman, Wiley, Toronto, 1985

LABORATORY AND DIAGNOSTIC TESTS WITH NURSING IMPLICATIONS, Lefave Kee, Appleton Century Craft

SQUIRES BASIC PHARMACOLOGY FOR NURSES, 8th edition, Clayton, Stock, Aquire, Mosby, Toronto, 1985

SHACKELTONS NUTRITION ESSENTIALS AND DIET THERAPY, Poleman, Capra, Saunders Co., Toronto, 1984

PATIENTS RIGHTS, ETHICAL AND LEGAL ISSUES IN HEALTH CARE AND NURSING, J. Storch, McGraw Hill, Toronto, 1982

**ADDITIONAL RESOURCE MATERIALS AVAILABLE IN THE COLLEGE LIBRARY**  
**BOOK SECTION CONTINUED . . .**

HEALTH AND PROMOTION IN NURSING PRACTICE, Appleton-Century  
Crafts, Toronto, 1982

NURSE-CLIENT INTERACTIONS, Sundeen-Stuart, Rankin-Cohen Mosby  
Co., Toronto, 1985

**SPECIAL NOTES:**

All copies of tests and exams are college property. Students are not allowed to remove copies from the college.

Students with special needs (eg: physical limitations, visual impairments, hearing impairments, learning disabilities) are encouraged to discuss required accommodations confidentially with the instructor.

Your instructor reserves the right to modify the course as he/she deems necessary to meet the needs of students.